

ORIGINAL ARTICLE

Studying the onset of deconfinement with multi-messenger astronomy of neutron stars

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Abstract

With the first multi-messenger observation of a binary neutron star merger (GW170817), new constraints became available for masses and radii of neutron stars. We introduce a class of hybrid EoS that fulfills all these constraints and predicts a region in the mass-radius diagram that could be populated only by hybrid neutron stars with quark matter cores. A confirmation of this conjecture would be provided when the NICER radius measurement for the high-mass pulsar PSR J0740 + 6620 yields a radius significantly less than 11 km. Would this radius measurement yield a result in excess of 12 km, this would allow for both, a purely hadronic and a hybrid nature of this star. In the latter case, the maximum mass could reach $2.6 M_{\odot}$ so that the lighter object in the asymmetric binary merger GW190814 could have been a hybrid star. We demonstrate that this high mass can be compatible with an early onset of deconfinement for stars with masses below $1 M_{\odot}$ and the occurrence of low-mass twin stars. In such a case, the remnant of GW170817 could be a long-lived hypermassive pulsar.

KEYWORDS

neutron stars, quark Deconfinement, third family compact stars, maximum mass, GW170817, GW190814, PSR J0740 + 6620

1 | INTRODUCTION

One of the most intriguing questions in the astrophysics of neutron stars (NS) is whether their interiors harbor deconfined quark matter and how to prove or disprove such claims. We want to revisit this question in view of constraints on masses and radii of pulsars in the era of multimessenger Astronomy when in the course of a binary neutron star merger event the limits for densities, temperatures, and rotation frequencies of compact stars are reached.

As a heuristic tool for such an investigation, we will use in this work the fact that for hybrid star equations of state (EoS) there exists a special point in the mass-radius ($M-R$) diagram which is largely independent of the hadronic EoS (Yudin et al. 2014). Varying the parameters

of the quark matter EoS, a region of its possible location in the $M-R$ diagram has been mapped out (Cierniak & Blaschke 2020) which indicates the region where hybrid NS can be found. We discuss that the softest purely hadronic EoS that can be considered realistic in view of existing NS constraints and that could be used to estimate the lower limit for the radius of purely hadronic NS is that of Yamamoto et al. (2017) and not that of Akmal et al. (1998), hereafter abbreviated as APR, which has a severe hyperon puzzle problem.

On this basis, we draw these conclusions:

1. We identify a first region in the $M-R$ plane which can only be accessed by hybrid NS. If the radius of a $2 M_{\odot}$ NS turns out to be less than ~ 11.5 km (e.g., as a result of the NICER radius measurement on the millisecond

pulsar PSR J0740 + 6620 (Cromartie et al. 2020), one can conclude that this NS harbors an extended quark matter core.¹ Such a measurement would exclude the “two-families” scenario (Drago & Pagliara 2020) according to which stars with large masses $M \geq 2 M_\odot$ should be strange stars with radii ≥ 14 km while the maximum mass of the smaller hadronic stars stays well below the $2 M_\odot$ limit.

2. Very massive objects such as the $2.6 M_\odot$ companion of the $23 M_\odot$ black hole in recently discovered merger GW190814 (Abbott et al. 2020) could be explained as hybrid neutron stars, even on a third family branch. The existence of such massive NS would then not exclude the existence of mass twin stars, opposite to the recent claim by Christian & Schaffner-Bielich (2020).
3. It is unlikely that these two statements are simultaneously true. If NICER measures a NS radius at $2 M_\odot$ smaller than ~ 10.5 km with sufficient accuracy, the upper limit of the NS maximum mass is $\lesssim 2.5 M_\odot$. This would entail that GW190814 was a binary black hole merger.
4. We identify a second region in the $M - R$ plane which can be accessed only by hybrid NS sequences. It is the mass range below $\sim 1.5 M_\odot$, where radii below ~ 12.5 km would indicate a softening of the EoS due to a phase transition. The recent analysis by Capano et al. (2020) of the combined multi-messenger observations of the binary NS merger GW170817 (B. P. Abbott et al. 2017) suggests that $R_{1.4M_\odot} = 11.0^{+0.9}_{-0.6}$ km and may thus be considered as indication for an early onset of deconfinement in neutron stars below the typical binary radio pulsar mass.

2 | A SPECIAL POINT FOR HYBRID STARS

2.1 | Hybrid star EoS and $M - R$ diagram

In the absence of a unified description of cold hadronic and quark matter with a phase transition at high densities, the hybrid star matter equations of state (EoS) must be constructed by matching separate EoS for the pressure that use hadrons ($p_h(\mu)$) or deconfined quarks ($p_q(\mu)$) as degrees of freedom. The EoS with the higher pressure is the one that is preferred by Nature and describes the bulk thermodynamics. A crossing of both alternative EoS at the critical chemical potential μ_c marks a first-order phase transition

fulfilling the condition $p_h(\mu_c) = p_q(\mu_c)$ for the Maxwell construction.

The first of two hadronic EoS discussed in this study is chosen from the class of relativistic density-functional (RDF) models based on the “DD2” parametrization (Typel et al. 2010) with excluded volume effects modeled according to Typel (2016)). It describes the properties of nuclear matter at low densities up to and slightly above nuclear saturation. The class of DD2 models with excluded nucleon volume will mostly be used in the context of an early onset deconfinement with large latent heat and the possibility of observing the so-called “mass twin” phenomenon.

For the deconfined quark phase, a class of constant speed of sound (CSS) quark matter models will be used. The equation of state of this model is built starting from an assumption on the relation between thermodynamic pressure and energy density (see also the Appendix of Ref. [Alford et al. 2013]),

$$\varepsilon = \varepsilon_0 + c_s^{-2} p, \quad (1)$$

where ε_0 is a constant energy density shift and c_s^2 is the square of the speed of sound (also assumed to be constant). Furthermore, we define the baryonic chemical potential as

$$\mu(p) = \mu_0 \left(\frac{p+B}{A} \right)^{c_s^2/(1+c_s^2)}, \quad (2)$$

or alternatively we express the pressure as a function of baryochemical potential

$$p(\mu) = A(\mu/\mu_0)^{1+c_s^{-2}} - B, \quad (3)$$

where the model parameters A , B , and c_s^2 are constant and $\mu_0 = 1$ GeV. The baryon density n follows from the canonical relation

$$\frac{\partial p(\mu)}{\partial \mu} = n(\mu) = (1 + c_s^{-2}) A(\mu/\mu_0)^{c_s^{-2}}. \quad (4)$$

Using the above, we arrive at the energy density

$$\varepsilon = \mu n - p = B + c_s^{-2} A(\mu/\mu_0)^{1+c_s^{-2}}. \quad (5)$$

The relation between pressure and energy density takes the form

$$p = c_s^2 \varepsilon - (1 + c_s^2) B. \quad (6)$$

From Equation 6, we see that $\varepsilon_0 = (1 + c_s^{-2}) B$. The pressure slope parameter A does not affect the relation between pressure and energy density, but its values should be limited to a range that produces a non-negative density jump at the phase transition. It has been shown by Zdunik & Haensel (2013) that the above CSS model fits

¹By a different method, Annala et al. (2020) came to the conclusion that all NS with a mass of $2 M_\odot$ should have an extended quark matter core. But only if the conformal bound for the squared speed of sound ($c_s^2 \leq 1/3$) would be violated the radius at $2 M_\odot$ could be less than 12 km.

well the EoS of color superconducting quark matter in the CFL phase that was obtained from a self-consistent solution of the three-flavor NJL model in the mean field approximation (Blaschke et al. 2005; Klähn et al. 2013).

With this setting for the classes of hadronic and quark matter EoS, the hybrid star EoS are obtained by the Maxwell construction as described above. Varying the bag pressure parameter B one obtains a family of hybrid EoS that after solving the Tolman-Oppenheimer-Volkoff equations results in the family of sequences shown in Figure 1 which exhibits a special point (SP) through which they all pass. This phenomenon has been investigated more in detail by Yudin et al. (2014) and recently also by Cierniak & Blaschke (2020) for different classes of quark matter EoS. Note that the position of the SP is only marginally dependent on the choice of the hadronic EoS, which is also demonstrated in Figure 1. For the stiffer hadronic EoS DD2p80 with the larger excluded volume parameter of the nucleon, a branch of unstable star configurations occurs immediately after the deconfinement transition. This unstable branch disconnects the purely nucleonic NS sequence from one of the stable hybrid stars. Such a situation is characteristic for the occurrence of a third family of compact stars (Gerlach 1968) which entails the existence of mass twins (Glendenning & Kettner 2000). Note that all hybrid star sequences based on the DD2 EoS fulfill the observational constraints while for the stiffer DD2p80 EoS, the mass for the onset of deconfinement should be lower than the one of the lighter neutron star in GW170817, i.e. $M_{\text{onset}} < 1.35 M_{\odot}$.

2.2 | Region of hybrid stars in the $M - R$ plane

We have explored in Cierniak & Blaschke (2020) the region in the $M - R$ diagram that can be accessed by hybrid neutron star configurations with quark matter cores. As a proxy for that region, one may consider instead the area where the SP can be located. It is shown as the yellow and light-green region in Figure 2. Taking into account the rule found in Cierniak & Blaschke (2020) that the maximum mass of the hybrid star branch can be situated up to $0.2 M_{\odot}$ above the SP, one finds the upper limit for the maximum mass of hybrid stars (indicated by the green dashed line in Figure 2) and the lower limit of the SP mass (indicated by the light-green region in Figure 2) that would be compatible with the maximum mass constraint from the mass measurement on PSR J0740 + 6620 (Cromartie et al. 2020).

As an alternative to the DD2 class of EoS, the second class of hadronic EoS considered here is based on the Argonne V18 nucleon-nucleon potential and three-body force together with a repulsive multi-pomeron interaction

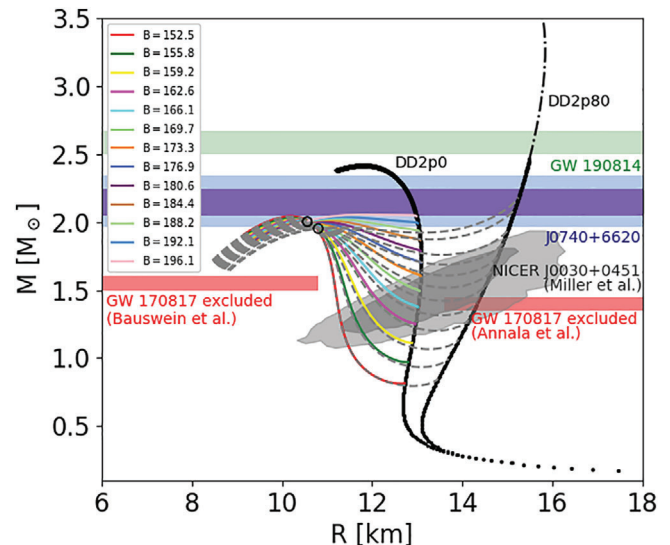


FIGURE 1 Mass–radius relations of neutron stars for two sets of hybrid EoS, where the quark matter phase is described by the CSS model and the hadronic one by the EoS DD2p0 or DD2p80 (nomenclature according to Typel (2016)). The values of the bag pressure B in the CSS model are given in MeV/fm^3 . The positions of the special points marked by black circles are only marginally dependent on the hadronic phase EoS. The blue and gray bands correspond to 68.3 and 95.4% credibility intervals of the Shapiro–delay measurement of pulsar’s PSR J0740 + 6620 mass (Cromartie et al. 2020) and the simultaneous mass-radius measurement on PSR J0030 + 0451 from one of the analysis teams in the NICER Collaboration (Miller et al. 2019), respectively. Red bands are regions excluded by the analysis of the signal from the neutron star merger event GW170817 according to Bauswein et al. (2017) and Annala et al. (2018), see also Cierniak & Blaschke (2020)

(Yamamoto et al. 2017). The strength of the latter lies in its ability to accurately describe the differential scattering cross-section measured for $^{16}\text{O}-^{16}\text{O}$ collisions at $E_{\text{in}}/A = 70$ MeV also at large angle, as well as reproducing the nuclear saturation properties together with a high-density stiffening of the EoS that is needed to solve the famous “hyperon puzzle” problem.

In Figure 2, we show by solid lines the $M - R$ relations for three examples of this class of EoS which represents the softest “reasonable” hadronic EoS model which may therefore serve as an estimator for the smallest neutron star radii that are described with a purely hadronic EoS. The dash-dotted lines (including also the APR EoS) correspond to EoS without hyperons and are therefore not realistic above the hyperon onset mass of about $1.5 M_{\odot}$ where they may be ignored. This limiting radius is well approximated by the segment of the black-dotted line labeled $c_s^2 = 0.7$ in Figure 2 that lies in the region of the mass for PSR J0740 + 6620. Note that among typical RDF EoS with hyperons fulfilling the maximum mass constraint $M_{\text{max}} \geq 2.0 M_{\odot}$ the lowest radius at the maximum mass is

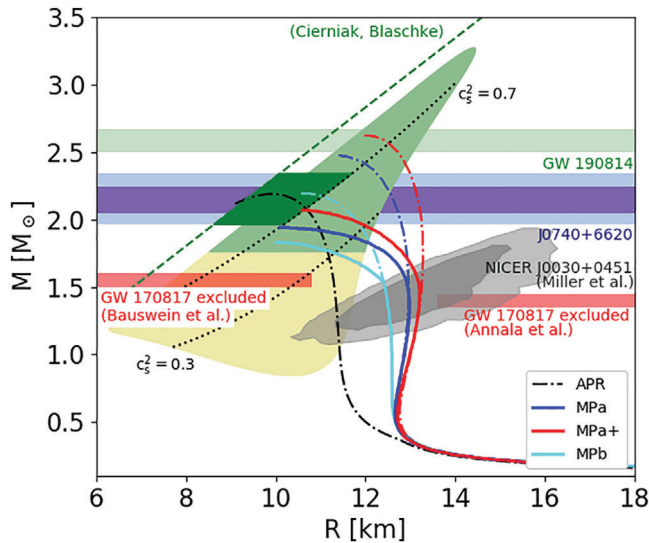


FIGURE 2 The SP range allowed (light green), and excluded (yellow) by the $2 M_{\odot}$ constraint. The green dashed line shows the upper limit of masses that can be reached for a given radius of the hybrid star configurations. The red, blue, and cyan lines show the M-R relation for the hadronic EoS that are obtained with realistic baryon-baryon two-body and three-body interaction augmented by a repulsive short-range multi-pomeron (MP) exchange potential according to Yamamoto et al. (2016, 2017). The solid lines represent EoS parametrizations with hyperons, while dash-dotted lines represent EoS with only non-strange baryons. The black dash-dotted line is obtained for the APR EoS (Akmal et al. 1998), also without hyperons. The dark green rhombic region can be assessed only by hybrid stars, see also Cierniak & Blaschke (2020)

10.5 km (see Fortin et al. 2015; Maslov et al. 2016; Raduta et al. 2019).

Consequently, the rhombic region in the $2 M_{\odot}$ mass range that is highlighted in dark-green color in Figure 2 can be accessed only by hybrid stars. Examples for hybrid star sequences that would populate this region are shown in Figure 3. We note that all of them lie on a third family branch (Alvarez-Castillo et al. 2019; Blaschke et al. 2013, 2020; Gerlach 1968) and thus imply the phenomenon of mass twin stars (Alvarez-Castillo & Blaschke 2017; Benic et al. 2015; Glendenning & Kettner 2000) at its low-mass end. A measurement of mass and radius for a pulsar that falls in this region would allow the conclusion that this pulsar harbors a core made of deconfined quark matter (Cierniak & Blaschke 2020).

The presently ongoing NICER measurement of the radius for PSR J0740 + 6620 has the potential to result in such a discovery! For this pulsar there is a very precise, uncorrelated mass determination based on the Shapiro-delay measurement which resulted in $M_{J0740} = 2.14^{+0.10}_{-0.09} M_{\odot}$ (Cromartie et al. 2020), that is even subject to improvement. The NICER radius measurement for that pulsar is not as good as for PSR J0030 + 0451 due to a lower

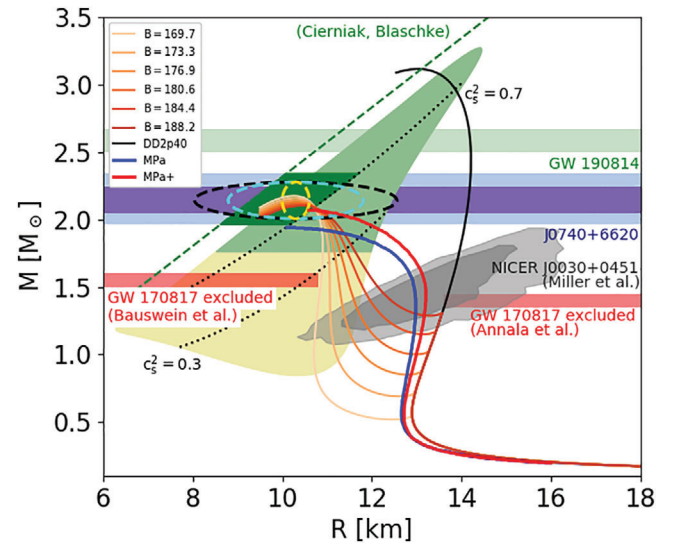


FIGURE 3 Same as Figure 2, but with hybrid star sequences and fictitious results of a NICER radius measurement on PSR J0740 + 6620 that could only be explained by a hybrid NS, but not by a purely hadronic NS interior. The hybrid NS sequences correspond to $c_s^2 = 0.7$ and $A = 175.9 \text{ MeV/fm}^3$, for different masses at the onset of deconfinement, which correspond to the values of the bag pressure B (in MeV/fm^3) given in the legend, see the black curve in Figure 4. For details, see text

X-ray count rate. Before the results of that actual measurement will be released, we make assumptions for the radius uncertainty being 1.5, 1.0, and 0.3 km. Then, by setting the median of R_{J0740} to 10.3 km in the center of the dark-green rhombic region, we see in Figure 3 that only for the smallest hypothetical standard deviation the confined quark hypothesis could be excluded.

A measurement with this median and even the largest assumed standard deviation, however, would exclude the “two-families” scenario (Drago & Pagliara 2020) according to which stars with large masses $M \geq 2 M_{\odot}$ should be strange stars with radii ≥ 14 km while the maximum mass of the smaller hadronic stars stays well below the $2 M_{\odot}$ limit.

2.3 | Onset of deconfinement vs. M_{\max}

We have mentioned in the previous section that the maximum mass on a hybrid star branch lies up to $\sim 0.2 M_{\odot}$ above that of the SP. In the opposite extreme, the mass of the SP M_{SP} may be equal to the maximum mass, namely, when the onset mass for deconfinement is very high itself. Consequently, there is a relation like a “lever rule”, that for a given SP position characterized by the values of c_s^2 and A in the quark matter EoS (3) the maximum mass increases when the onset mass decreases, see Figure 4. The results

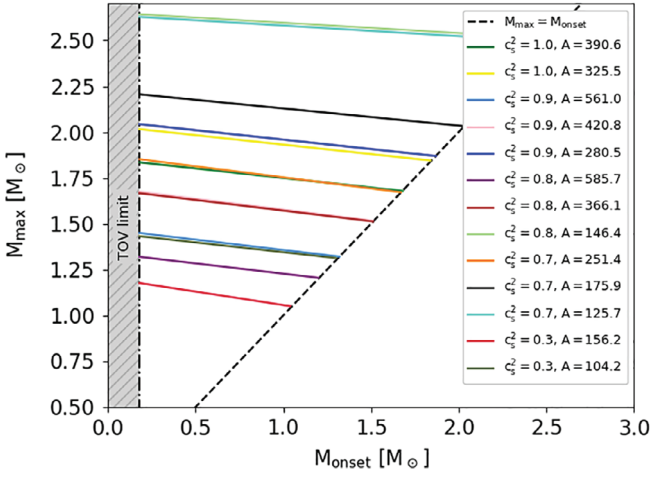


FIGURE 4 Maximum mass of hybrid stars vs. onset mass of the Maxwell-constructed deconfinement transition from hadronic matter described by DD2p60 EoS and CSS quark matter. For fixed position of the SP determined by the values of the squared speed of sound c_s^2 and the slope parameter A (in MeV/fm^3), the onset mass depends on the bag pressure B . Lowering the onset mass increases the maximum mass according to Equation (7). At fixed c_s^2 , a lower slope parameter increases the stiffness and thus the maximum mass of the EoS

of Figure 4 can be described by a linear fit formula

$$M_{\text{max}} = M_{\text{SP}} + \delta (M_{\text{SP}} - M_{\text{onset}}), \quad (7)$$

where $\delta = 0.1$ and each curve in that figure corresponds to a given value of $M_{\text{SP}} = M_{\text{SP}}(c_s^2, A) = \text{const}$. This explains the observed degeneracy of the lines: a change in c_s^2 is compensated by a choice of the slope parameter A so that M_{SP} remains unchanged.

We note that for $M_{\text{onset}} \gtrsim 1.4 M_{\odot}$, the lines in Figure 4 should be regarded with caution because hyperons are missing in the DD2 class of hadronic EoS and for models with larger excluded nucleon volume (DD2p40, DD2p60, DD2p80) the radius constraint of Annala et al. (2018) deduced from the tidal deformabilities in the mass range of GW170817 is violated.

In Table 1, we list the densities in the center of the neutron stars with the mass M_{onset} at the onset of quark deconfinement. In our applications shown in Figures 3 and 5, we consider hybrid EoS with the RDF models DD2p40 and DD2p60 for the hadronic phase without hyperons and with an early onset of deconfinement at $M_{\text{onset}} \lesssim 1.5 M_{\odot}$. It is illustrated in Figure 2 that for EoS even softer than DD2p40 the hyperon onset is at a mass $\sim 1.5 M_{\odot}$ and corresponds to a threshold density for hypernuclear matter at $\sim 2 n_0$ (Fortin et al. 2015; Maslov et al. 2016; Raduta et al. 2019). The neglect of hyperons in the present work is thus acceptable since for the stiffer RDF models the central densities for stars with $M \lesssim 1.5 M_{\odot}$

TABLE 1 Central densities n_c of neutron stars with the mass M_{onset} at the onset of quark deconfinement for the RDF EoS DD2 with different excluded volumina, $n_0 = 0.15 \text{ fm}^{-3}$

M_{onset} [M_{\odot}]	n_c [n_0]			
	DD2p0	DD2p40	DD2p60	DD2p80
0.263	1.107	1.088	1.073	1.063
0.435	1.365	1.264	1.206	1.162
0.626	1.600	1.426	1.328	1.255
0.833	1.814	1.570	1.437	1.339
1.028	1.993	1.686	1.523	1.406
1.218	2.166	1.787	1.597	1.464
1.385	2.327	1.874	1.659	1.511
1.553	2.512	1.963	1.722	1.559
1.699	2.698	2.047	1.779	1.602
1.832	2.897	2.132	1.838	1.644

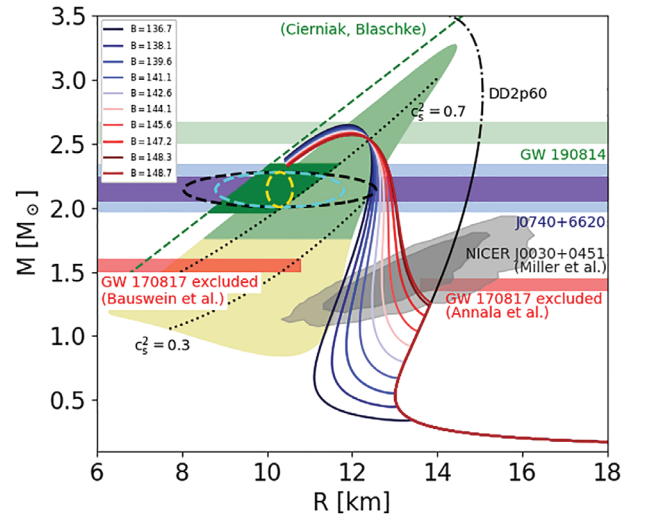


FIGURE 5 Mass-radius diagram for a hybrid star family that corresponds to the DD2p60-CSS hybrid EoS introduced in the text. The maximum mass on the hybrid star branch reaches the mass range of the lighter compact object in GW190814 (Abbott et al. 2020), which therefore could be a hypermassive neutron star. The sequences with lowest onset masses for deconfinement exhibit the twin phenomenon

are below the hyperon threshold, see Table 1. Thus, our approach falls into the class of models where the absence of hyperons is justified by the early onset of deconfinement before the hyperon threshold could be reached in the hadronic phase of the matter. Such a scenario is the favorable solution of the so-called hyperon puzzle (Baldo et al. 2006; Zdunik & Haensel 2013), which has been revisited under modern mass and radius constraints in Shahrabaf et al. (2020). For a recent review on the NS EoS, see Blaschke & Chamel (2018) and references therein.

From Figure 4, we can read off another remarkable feature of the class of hybrid EoS discussed here. It can

describe hypermassive neutron stars with $M > 2.6 M_{\odot}$ as hybrid stars with a quark matter core! Moreover, these hypermassive hybrid stars belong to a third family branch that exhibits the twin star property as shown in Figure 5. Thus, we have demonstrated that the upper limit for the maximum mass of hybrid star sequences that still allow twins could be much higher than recently conjectured by Christian & Schaffner-Bielich (2020), where it was claimed that the existence of neutron stars with masses $M > 2.2 M_{\odot}$ would rule out twin stars. With our result shown in Figure 5, we disprove this claim.

Another interesting result follows from Figure 5, namely, that the lighter compact object in the binary merger GW190814 with the mass of $2.5\text{--}2.67 M_{\odot}$ (Abbott et al. 2020) can be a hybrid neutron star with a quark matter core. It may even belong to a third-family branch of hybrid stars. For a discussion of EoS constraints when the companion star of GW190814 being a neutron star and not a black hole, see also Kanakis-Pegios et al. (2020); Tsokaros et al. (2020). It is not possible from GW190814 alone to conclude whether the lighter companion was the lightest black hole or the heaviest neutron star observed to date. But following Vattis et al. (2020) it is not likely that this object could have been a primordial black hole. Its mass is, however, well in the range that could be expected from a merger of two typical-mass neutron stars. See, e.g., Bauswein et al. (2020) for extracting the maximum NS mass from multi-messenger observations of binary NS mergers. If the neutron star interpretation shall become favorable, more compact stars with a mass of $\sim 2.6 M_{\odot}$ shall become observable. Then it is likely that the merger GW170817 could have resulted in a long-lived pulsar that powers the afterglow of the kilonova event, see Troja et al. (2020).

Finally, the question of a possible very early onset of deconfinement with $M_{\text{onset}} \lesssim 1 M_{\odot}$ could be settled with a precise radius measurement for the lightest neutron stars. A candidate for a NICER radius measurement could be the millisecond pulsar J0751+1807 with a mass of $1.26 \pm 0.14 M_{\odot}$ and a period $P = 3.48$ ms (Nice et al. 2007). Comparing Figure 5 and Figure 2 for the radii in the 1σ mass range covered by J0751+1807, a measurement of a radius less than ~ 13 km (as suggested by the recent analysis of GW170817 in Capano et al. (2020) which resulted in $R_{1.4M_{\odot}} = 11.0^{+0.9}_{-0.6}$ km) would exclude the hadronic NS interpretation since the softest realistic hadronic EoS corresponds to radii of ~ 13 km, see Figure 2. As can be seen in Figure 5, a radius $R_{1.4M_{\odot}} < 12.5$ km is well explained by the high-mass hybrid star scenario with an onset of deconfinement at $M_{\text{onset}} < 1.0 M_{\odot}$. Also in the case when the NICER radius measurement for PSR J0740+6620 would yield $R_{2.14 M_{\odot}} \lesssim 11$ km and thus

render the hypermassive (hybrid) neutron star scenario for GW190814 unlikely, the radius constraint of Capano et al. (2020) entails an onset of deconfinement at a sub-solar mass, see Figure 1. A NICER radius measurement for a low-mass pulsar like PSR J0751+1807 could bring an independent confirmation for such a claim. In this case, the two NS that merged in the event GW170817 would both have been hybrid stars with an extended quark matter core, see also Blaschke et al. (2020). Recently, it has been confirmed that the signal for a first-order phase transition in the frequency spectrum of the postmerger gravitational waves suggested in Bauswein et al. (2019) would also be applicable when the merging NS are hybrid stars (Bauswein & Blacker 2020).

3 | CONCLUSIONS

In this work, we have used the property of hybrid NS sequences to possess a special point in the $M - R$ diagram in order to investigate the consequences that can be drawn for the onset of deconfinement. To this end, we have employed a generic three-parameter CSS EoS for the description of the quark matter phase. A key observation is that the APR EoS has to be excluded as a candidate for the softest realistic hadronic EoS that could be used to estimate the lowest possible hadronic NS radii because it has a severe hyperon puzzle problem. Instead, the EoS of Yamamoto et al. (2017) is suggested here to be the suitable one, yielding minimal hadronic NS radii which allow to conclude for the existence of a core of deconfined quark matter when $R_{2.14 M_{\odot}} < 11$ km and/or $R_{1.4M_{\odot}} < 12.5$ km. The latter result, already supported by the refined analysis of Capano et al. (2020) of the multimessenger observations of the merger GW170817 would not only support an early onset of quark deconfinement but also the scenario that the $2.6 M_{\odot}$ object in the binary merger GW190814 could have been a hypermassive hybrid neutron star and not a black hole. This conclusion, however, could be falsified when the NICER radius measurement of the massive pulsar PSR J0740+6620 would result in a value $R_{2.14 M_{\odot}} < 11$ km. Then, this object would be identified as a hybrid NS with a large quark matter core, but at the same time the hypermassive (hybrid) NS scenario for the lighter object in the binary merger GW190814 would be excluded and one could conclude that this event was a binary black hole merger. One can look forward to the next binary NS merger event which could then confirm the scenario of an early onset of quark deconfinement in NS provided that not only the tidal deformability of the inspiral phase but also the peak frequency of the postmerger gravitational wave signal could be measured (Bauswein et al. 2019).

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